

# Wyka

(Poland)

Wyka is a popular couple dance from the Silesian Beskid region southern Poland. The name of the dance is derived from the name of a plant--the vetch. In accompanied song, children sing, "I planted a cabbage but instead the vetch grew up ...." The dance consists of two parts, both in 2/4 meter. The dance is described as a mixer.

Pronunciation: VIH-kah

Cassette: "Polish Dances for Kids"

2/4 meter

Formation: Couples in a circle, ptrs facing, boys backs to ctr. Begins in shoulder-upper arm position with R hips adjacent.

## Meas

## Pattern

4 meas

INTRODUCTION. No action.

### PART I. COUPLE TURNS CW, CCW.

- 1-3 Beg with L ft, both walk around in place CW with two steps per meas.  
4 Slightly accented step with L ft (ct 1); change position turning so L hips are adjacent (ct 2).  
5-8 Beg with R ft, both walk around in place CCW, ending by releasing hold and facing ptr (boy with back to ctr).

### PART II. CLAPPING THIGHS, HANDS.

- 1-2 Beg with L ft, both walk around 1/2 circle CW with 4 steps, clap own thighs (meas 1, ct 1); clap hands in front of chest (meas 1, ct 2); clap R hands with ptr (meas 2, ct 1).  
3-4 Continue walking around 1/2 circle CW with 4 steps, clap as in meas 1-2, except on meas 4, ct 1, clap L hands with ptr.  
5 Facing ptr, boys with backs to ctr, clap thighs (ct 1); clap own hands (ct 2).  
6 Clap R hands with ptr (ct 1); clap L hands with ptr (ct 2).  
7 Clap thighs (ct 1); clap own hands (ct 2).  
8 Clap both hands with ptr (ct 1); hold (ct 2).  
9-16 Repeat meas 1-8 with opp ftwk and direction, beginning clapping with L hand first (meas 10, ct 1).

Repeat entire dance five more times, starting each time with a new ptr to the L (boys move one position CCW and girls one position CW).

Presented by Jacek and Bozena Marek  
At the Sunday night Opening Party